



**INTERCONTINENTAL COMBAT TOURNAMENT**

**WCSA/WTKA/WKA/ICO**

**V Euro-Asian World Cup Stage**

**"Black Sea Cup-2016"**

**&**

**Open Russian Tournament  
of All Styles Karate**

**(Safe-Combat)**



**20 - 25 June 2016  
Russia, Anapa-Sukko Resort**

[WWW.COMBATSD.RU](http://WWW.COMBATSD.RU)  
[WWW.COMBATSD.COM](http://WWW.COMBATSD.COM)  
[WWW.WTKAINTERNATIONAL.COM](http://WWW.WTKAINTERNATIONAL.COM)



### **ABOUT SUKKO RESORT:**

*Sukko is a pretty amazing and picturesque place near Anapa (13 km), which surprisingly combines clean, striking in its blue sea and mountains covered with greenery. Man caught in the Sukko for the first time, it affects a specific scent in the air.*

*This air has great healing powers.*

*On Sukko beach offers diving, spearfishing, boating or yacht, jet skiing and banana boat rides, Bicycle rides and walks on quadricycles. With Sukko horse-riding trips, which are held on the shore of a beautiful lake, right where there are majestic cypress trees.*

*There is a Sukko in the basement, which are carefully stored collection wines. The keepers of the basement many interesting things to tell you about the wines and their preparation, the rules and traditions of wine drinking.*

1) **DATE:** 20 -25<sup>th</sup> June – arrival of the tournament participants. 25<sup>st</sup> June 2016– departure.

2) **PLACE:** Anapa city (Russia), address: Sukko resort, Utrishskaya street 50.

3) **ACCOMMODATION:** Official accommodation - on agreement with organizers  
Price Hotel from 20 \$ a day per person with breakfast, dinner.

#### 4) **PROGRAM OF THE EVENT:**

**20 June** Arrival, registration, medical, WEIGHT & PASSPORT control

**21 June** **Open Ceremony. International master class, referee and judges seminar and certification**

**22-24 June** Qualification fights in all age and weight categories for each discipline.  
Finals and medal ceremony

**25 June** departure

5) **PROMOTER:** Aleksandr Sosnin (WCSA-Technical director, ICO -World director of MMA, Board of WTKA, 7-th Dan/Degree)

6) **ORGANIZERS:** “World Combat Self-defense Association”, “World Traditional Kombat Association”, “International Combat Organisation”, “World Kickboxing and Karate Association”

**7) JUDGES AND REFEREES:** Those who are interested in participation as judges and referees should inform, that they are going to attend a seminar. All Delegations are obligated to bring at least one (1) Judge or referee otherwise they will face a penalty

**8) CONDITIONS FOR PARTICIPATION:** Tournament begins 20<sup>th</sup> June. **Allowed fighters of any styles and organizations with the necessary qualifications “WCSA” (Level), in accordance with the claimed section competitions, with medical admission required and insurance.**

Each command has to have a national Flag.

**Starting fees:**

- €25 (20\*) – the first section
- €20 (15\*) – the following sections
- €10 - WCSA athletic passport
- €10 – the annual membership fee

The fighter can participate in different disciplines.

**To attention of representatives of teams – every 10th participant receives a command \*bonus on accommodation, and also participation in a seminar and competitions.**

**Applications for tournament should be submitted before 10<sup>st</sup> June.**

**In the absence of the equipment it can be rented.**

**Certification assignment of masterful degrees -"Degree" (Black belt):**

<b>I Degree (Black belt)</b>	<b>\$100</b>	in the presence of 1 Level obligatory passing of all student's levels
<b>I Degree (Black belt)</b>	<b>\$150</b>	at confirmation of degree of other international organizations
<b>II Degree</b>	<b>\$150</b>	in the presence of the first degree (1 Degree) not less than 2 years
<b>II Degree</b>	<b>\$250</b>	at confirmation of degree of other international organizations
<b>III Degree</b>	<b>\$200</b>	in the presence of the second (2 Degree) degrees not less than 3 years
<b>III Degree</b>	<b>\$350</b>	at confirmation of degree of other international organizations

**Information: e-mail: [wcombatsd@gmail.com](mailto:wcombatsd@gmail.com); [combatsd@mail.ru](mailto:combatsd@mail.ru)**

**9) DIVISIONS:**

**DISCIPLINE RULES: [WWW.COMBATSD.COM](http://WWW.COMBATSD.COM)**

**“Demo-Defense”:**

(admittance not lower “9 Level”)

Shadow-fights	}	<b><u>&gt;10 years; 10-12 years; 13-15 years; 16+ years</u></b>
Attack-tests		
Self-defense		

**Winners of disciplines are awarded by a medal and the diploma, if more than 3 participants**

**In the given section the sportsman and his instructor are estimated. (2 medals)**

9.1.1. Discipline – «**Shadow Fights**». Free demonstration of techniques of punches, kicks, dodging and bobbing (time of execution - 45 seconds).

9.1.2. The discipline - "**Self-defense**" (the executor + the assistant) – only the executor is assessed. Time of execution from 1,5 to 3 minutes

9.1.3. Discipline – «**Attack-Tests**». Testing with the assistant (trainer) on pads, with punches (1st round), kicks (2nd round) in a combination to possible dodges and the wrestle techniques with the partner of a corresponding weight category (3rd round). Execution time 3 rounds for 20 seconds.

**«Safe-Point»:** (The first technique. The rules of karate)

(admittance not lower "8 Level", class E not lower "9 Level")

Equipment: a jacket and trousers (Gi), a helmet (type "safe"), protection of a shin and foot lifting, a groin protector. For girls the presence of a protector on a breast is necessary.

Fight lasts 90 seconds of pure time or to advantage in five points (gloves MMA (safe) or for hand-to-hand fight - And, In, About a class). Class D, E, - 60 seconds.

Class	Years	Weight, kg					
Men	18-40	-63	-69	-75	-81	-90	+90
Woman	18-40	-51	-57	+57			
Junior A-class (male)	15-17	-51	-57	-64	-71	-80	-90
Junior A-class (female)	15-17	-45	-51	+51			
Junior B-class (male)	12-14	-36	-40	-45	-51	-57	-70
Junior B-class (female)	12-14	-40	-45	+45			
<b>*** Children</b>	<b>6-7, 8-9, 10-11</b>	<b>will be technical and tactical seminars awarding of diplomas and medals</b>					

**«Oriental - Combat» K-1 Rules**

(admittance not lower "7 Level")

Equipment: open helmet, shorts, boxing gloves (not less than 10 oz), shin and instep guard.

The duration of the fight two rounds for 2 minutes, with a break for 30 seconds - adults, and a 2\*1,5 - A, B, C class (are possible 3 rounds of fight in the finals).

Full-contact kicks and punches, applied to the body and legs. In clinch up to 3 second.

Class	Years	Weight, kg								
Men	19-35	-60	-64	-68	-73	-78	-83	-88	-93	+93
Woman	19-35	-50	-55	-60	-65	-70	+70			
Junior A-class (male)	16-18	-57	-60	-65	-70	-75	-80	-85	-95	
Junior A-class (female)	16-18	-50	-55	-60	-65	-80				
Junior B-class (male)	14-15	-47	-52	-57	-63	-69	-75	-85		
Junior B-class (female)	14-15	-45	-50	-55	-60	-70				
Junior C-class (male)	12-13	-36	-39	-42	-47	-52	-65			
Junior C-class (female)	12-13	-39	-45	-51	-60					
<b>***Children</b>	<b>6-7, 8-9, 10-11</b>	<b>will be technical and tactical seminars awarding of diplomas and medals</b>								

## **«Mix-Wrestling»:**

(admittance not lower "7 Level")

Equipment: 1 round - jacket (GI), and shorts. 2 round- t-shirt and shorts. Wrestling mixed section. The fight lasts 2 round 1.5 minutes each of effective time for the B, C-class and 2 minutes for the Men and A-class.

The points of each round are summed in the final result at the end of fight.

Class	Years	Weight, kg					
Men	18-35	-63	-69	-75	-81	-90	+90
Female	18-35	Extra categories					
Junior A-class (male)	15-17	-51	-57	-64	-71	-80	-90
Junior B-class (male)	12-14	-36	-40	-45	-51	-57	-70

## **«Mixed Combat Arts»:**

### **MMA «Safe-Combat»:** (All of Contact Karate styles)

(admittance not lower "7 Level", class D not lower "8 Level")

Equipment: the top of the Kimono and the belt (appropriate rank), sport trousers that reach the ankles, helmet **with** plastic face guard (type "safe"), gloves (for MMA or hand-to-hand fight), a groin protector. Chest guard (for girls in all age categories and boys under 12 years).

The duration of the fight for adults 2 rounds for 2 minutes, A, B, C classes - 2 rounds for 1,5 minutes.

Any shock correct techniques in a rack, in a ground position attack by hands and feet at the torso, in a head only fixed blows by hands is resolved. Throw is a technical action from a standing position leads to falling the opponent on the ground (on side or back). Wrestling on the ground (strikes). Joint locks. Actions on a joint leading to capitulation of the opponent (10 seconds is given for completion). Chokes forearm, kimono or legs (10 seconds is given). On the ground punches and kicks into body and not more than 3 into head in succession. In all classes is used of a soft protector on a breast, is supposed (under Gi).

Class	Years	Weight, kg									
Men	18+	-57	-60	-64	-68	-72	-76	-80	-85	-90	+90
Woman	18+	-51	-54	-60	-68	-76	+76				
Junior A-class (male)	16-17	-54	-57	-60	-64	-68	-72	-76	-80	-85	-95
Junior A-class (female)	16-17	-48	-51	-57	-64	-72	-80				
Junior B-class (male)	14-15	-48	-51	-54	-57	-60	-64	-68	-72	-80	-90
Junior B-class (female)	14-15	-45	-48	-54	-60	-68	-80				
Junior C-class (male)	12-13	-36	-39	-42	-45	-48	-51	-54	-64		
Junior C-class (female)	12-13	-33	-36	-42	-48	-54	-60				
<b>*** Children</b>	<b>6-7, 8-9, 10-11</b>	<b>will be technical and tactical seminars awarding of diplomas and medals</b>									

## **MMA «Free - Combat»**

(admittance not lower "6 Level")

Equipment: open helmet, shorts, open type gloves with filler (not less than 10 oz), shin and instep guard.

The duration of the fight two rounds for 2 minutes, with a break for 30 seconds - adults, and a 2\*1,5-A class (are possible 3 rounds of fight in the finals).

Full-contact kicks and punches, applied to the body and legs. In clinch (standing position) up to 10 sec inactivity. On the ground up to 10 sec inactivity. No strikes on the ground.

Class	Years	Weight, kg								
Men	18-20	-60	-65	-70	-75	-80	-86	-93	+93	
Junior A-class (male)	16-17	-55	-60	-65	-70	-75	-80	-85	-91	+91
Junior B-class (male)	14-15	-45	-50	-55	-60	-65	-71	-78	85	
Junior C-class (male)	12-13	-35	-40	-45	-50	-55	-65			

## **MMA «Mix-Combat»:**

(admittance not lower "4 Level")

Equipment: bare torso, shorts, gloves for MMA with the protection of the thumb, helmet open face guard, shin and instep guard, groin guard, mouthpiece. Any shock correct techniques in a rack. Kicks and punches in the front, side and top of the head covered by helmet. Low-kicks, elbow strikes to the body (standing and on the ground), knee strikes (on the ground only to the body). punches and kicks into head and not more than 3 into head in succession.

Class	Years	Weight, kg								
Men	18+	-60	-65	-70	-75	-80	-86	-93	+93	

**Best fighters will take part in the Gala-program within the framework of**  
***International WCSA PRO/AMA Fight Show "Combat Ring -XVIII"***

Categories are considered full in the presence of 4 participants, otherwise  
The credentials committee has the right to combine neighbor categories  
(The difference in weight can NOT be more than 20 %)

### **10) CONTACT:**

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+7 927 313 30 17 - secretary

**11) CONTACT – VISA DOCUMENTS:** For more Information or Visa Documents please contact:  
e-mail: wcombatsd@gmail.ru

## Registration form – “Black Sea Cup-2016”

### Competitors

	Name	Country/Club	№ WCSA passport	M / F	Age	Weight	DD			SP	SC	MW	OC	MMA		Level/Degree
							SF	SD	AT					FC	MC	
1																
2																
3																

### Coaches / Representatives

	Name	Country/Club	coach/representative/...					
1								
2								

### Referees / Judges

	Name	Country/Club		
1				
2				

M/F= male or female: DD- Demo-Defense (SF, SD, AT) / SP – Safe-Point / MW – Mix-Wrestling / SC – Safe-Combat / OC – Oriental-Combat / FC – Free-Combat/ MC – Mix- Combat