



INTERCONTINENTAL COMBAT TOURNAMENT

WCSA/WTKA/WKA/ICO

IV Euro-Asian World Cup Stage

"Black Sea Cup-2015"

&

**Open Russian Tournament
of All Styles Karate**

(Safe-Combat)



**18 - 22 June 2015
Novorossiysk/Russia**

WWW.COMBATSD.RU
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ABOUT NOVOROSSIYSK:

Novorossiysk is the legendary hero city, famous for its defenders during the great Patriotic war. The city is full of revolutionary, combat and labor traditions. Novorossiysk is an important transportation center. The city is the largest Russian port on the Black sea. On the territory of the city is one of Russia's largest water parks. Along with rest and treatment in Novorossiysk developed the historical and cultural tourism. Novorossiysk neighborhood known for its picturesque landscape, has become popular with holidaymakers. Although the Novorossiysk - industrial city, around it there are several beautiful resorts. This is South Ozereyka, Wide Beam, Abrau-Durso, in which there are numerous resorts, motels. The decoration of the region is the most beautiful lake Abrau, the big, beautiful and clean in the North Caucasus. In the suburbs of ancient buildings - dolmens, monuments Circassian culture. Around the city are planted with vineyards.

- 1) **DATE:** 17th -18th June – arrival of the tournament participants. 23st July 2015 – departure.
- 2) **PLACE:** Novorossiysk (Russia), holiday camp "Ocean", address: Shirokaya Balka
- 3) **ACCOMMODATION:** official private boarding recreation "Ocean" (address: Shirokaya Balka). Price Hotel from **20 \$** a day per person with breakfast, dinner.
- 4) **PROGRAM OF THE EVENT:**

17-18 June	Arrival, registration, medical, WEIGHT & PASSPORT control
19 June	Open Ceremony. International master class, referee and judges seminar and certification
19-22 June	Qualification fights in all age and weight categories for each discipline. Finals and medal ceremony
23 June	departure
- 5) **PROMOTER:** Aleksandr Sosnin (Chairman and Technical Director of WCSA, 7-th Dan/Degree)
- 6) **ORGANIZERS:** “World Combat Self-defense Association”, “World Traditional Kombat Association”, “International Combat Organisation”, “World Kickboxing and Karate Association”
- 7) **JUDGES AND REFEREES:** Those who are interested in participation as judges and referees should inform, that they are going to attend a seminar. All Delegations are obligated to bring at least one (1) Judge or referee otherwise they will face a penalty
- 8) **CONDITIONS FOR PARTICIPATION:** Tournament begins 19th June. **Allowed fighters of any styles and organizations with the necessary qualifications “WCSA” (Level), in accordance with the claimed section competitions, with medical admission required and insurance.** Each command has to have a national Flag.

Starting fees:

- €25 – **division** per participant
- €10 - athletic passport

The fighter can participate in different disciplines.

To attention of representatives of teams – every 10th participant receives a command bonus on accommodation, and also participation in a seminar and competitions.

Applications for tournament should be submitted before 10st June.

In the absence of the equipment it can be rented.

Certification assignment of masterful degrees - "Degree" (Black belt):

I Degree (Black belt)	\$100	in the presence of 1 Level obligatory passing of all student's levels
I Degree (Black belt)	\$150	at confirmation of degree of other international organizations
II Degree	\$150	in the presence of the first degree (1 Degree) not less than 2 years
II Degree	\$250	at confirmation of degree of other international organizations
III Degree	\$200	in the presence of the second (2 Degree) degrees not less than 3 years
III Degree	\$350	at confirmation of degree of other international organizations

Information: e-mail: wcombatsd@gmail.com; combatsd@mail.ru

9) DIVISIONS:

DISCIPLINE RULES: WWW.COMBATSD.COM

"Demo-Defense":

(admittance not lower "9 Level")

Shadow-fights	}	<u>>10 years; 10-12 years; 13-15 years; 16+ years</u>
Attack-tests		
Self-defense		

Winners of disciplines are awarded by a medal and the diploma, if more than 3 participants

In the given section the sportsman and his instructor are estimated. (2 medals)

9.1.1. Discipline – «**Shadow Fights**». Free demonstration of techniques of punches, kicks, dodging and bobbing (time of execution - 45-60 seconds).

9.1.2. The discipline - "**Self-defense**" (the executor + the assistant) – only the executor is assessed. Time of execution from 1,5 to 3 minutes

9.1.3. Discipline – «**Attack-Tests**». Testing with the assistant (trainer) on pads, with punches (1st round), kicks (2nd round) in a combination to possible dodges and the wrestle techniques with the partner of a corresponding weight category (3rd round). Execution time 3 rounds for 20 seconds.

«Safe-Point»:

(admittance not lower "8 Level", class E not lower "9 Level")

Equipment: a jacket and trousers (kimono), a helmet (type "safe"), protection of a shin and foot lifting, a groin protector. For girls the presence of a protector on a breast is necessary.

Fight lasts 90 seconds of pure time or to advantage in five points (gloves MMA or for hand-to-hand fight - And, In, About a class). Class D, E, - 60 seconds.

Class	Years	Weight, kg					
Men	18-40	-63	-69	-75	-81	-90	+90
Woman	18-40	-51	-57	+57			
Junior A-class (male)	15-17	-51	-57	-64	-71	-80	- 90
Junior A-class (female)	15-17	-45	-51	+ 51			
Junior B-class (male)	12-14	-36	-40	-45	-51	-57	- 70
Junior B-class (female)	12-14	-40	-45	+ 45			
***Children	> 12 years	will be technical and tactical seminars awarding of diplomas and medals					

«Mix-Wrestling»:

(admittance not lower "7 Level")

Equipment: 1 round - jacket (GI), and shorts. 2 round- t-shirt and shorts. Wrestling mixed section. The fight lasts 2 round 1.5 minutes each of effective time for the B, C-class and 2 minutes for the Men and A-class.

The points of each round are summed in the final result at the end of fight.

Class	Years	Weight, kg					
Men	18-35	-63	-69	-75	-81	-90	+90
Junior A-class (male)	15-17	-51	-57	-64	-71	-80	- 90
Junior B-class (male)	12-14	-36	-40	-45	-51	-57	-70

«Mixed Combat Arts»:

«Safe-Combat»: (All styles of Contact Karate)

(admittance not lower "7 Level", class D not lower "8 Level")

Equipment: the top of the Kimono and the belt (appropriate rank), sport trousers that reach the ankles, helmet **with** plastic face guard (type "safe"), gloves (for MMA or hand-to-hand fight), a groin protector. Chest guard (for girls in all age categories and boys under 12 years).

The duration of the fight for adults 2 rounds for 2 minutes, A,B,C classes - 2 rounds for 1,5 minutes.

Any shock correct techniques in a rack, in a ground position attack by hands and feet at the torso, in a head only fixed blows by hands is resolved. Throw is a technical action from a standing position leads to falling the opponent on the ground (on side or back). Wrestling on the ground (strikes).Joint locks. Actions on a joint leading to capitulation of the opponent (10 seconds is given for completion). Chokes forearm, kimono or legs (10 seconds is given).On the ground punches and kicks into body and not more than 3 into head in succession. In all classes is used of a soft protector on a breast, is supposed (under a kimono).

Class	Years	Weight, kg									
Men	18+	-57	-60	-64	-68	-72	-76	-80	-85	-90	+90
Woman	18+	-51	-54	-60	-68	-76	+76				
Junior A-class (male)	16-17	-54	-57	-60	-64	-68	-72	-76	-80	-85	-95
Junior A-class (female)	16-17	-48	-51	-57	-64	-72	-80				
Junior B-class (male)	14-15	-48	-51	-54	-57	-60	-64	-68	-72	-80	-90
Junior B-class (female)	14-15	-45	-48	-54	-60	-68	-80				
Junior C-class (male)	12-13	-36	-39	-42	-45	-48	-51	-54	-57	-64	-76
Junior C-class (female)	12-13	-33	-36	-42	-48	-54	-60				
***Children	> 12 years	will be technical and tactical seminars awarding of diplomas and medals									

«Free - Combat»

(admittance not lower "6 Level")

Equipment: open helmet, shorts, open type gloves with filler (not less than 10 oz), shin and instep guard.

The duration of the fight two rounds for 2 minutes, with a break for 30 seconds - adults, and a 2*1,5-A class (are possible 3 rounds of fight in the finals).

Full-contact kicks and punches, applied to the body and legs. In clinch (standing position) up to 10 sec inactivity. On the ground up to 10 sec inactivity. No strikes on the ground.

Class	Years	Weight, kg								
Men	18-20	-60	-65	-70	-75	-80	-86	-93	+93	
Woman	16-17	-55	-60	-65	-70	-75	-80	-85	-91	+91
Junior A-class (male)	14-15	-45	-50	-55	-60	-65	-71	71+		
Junior A-class (female)	12-13	-35	-40	-45	-50	-55	-65			

«Oriental - Combat» K-1 Rules

(admittance not lower "7 Level")

Class	Years	Weight, kg								
Men	19-35	-60	-64	-68	-73	-78	-83	-88	-93	+93
Woman	19-35	-50	-55	-60	-65	-70	+70			
Junior A-class (male)	16-18	-55	-60	-65	-70	-75	-80	-85	-95	
Junior A-class (female)	16-18	-45	-50	-55	-60	-65	-80			
Junior B-class (male)	13-15	-42	-47	-52	-57	-63	-69	-80		
***Children	> 13 years	will be technical and tactical seminars awarding of diplomas and medals								

«Mix-Combat» :

(admittance not lower "4 Level")

Equipment: bare torso, shorts, gloves for MMA with the protection of the thumb, helmet open face guard, shin and instep guard, groin guard, mouthpiece. Any shock correct techniques in a rack. Kicks and punches in the front, side and top of the head covered by helmet. Low-kicks, elbow strikes to the body (standing and on the ground), knee strikes (on the ground only to the body). punches and kicks into head and not more than 3 into head in succession.

Class	Years	Weight, kg							
Men	18+	-60	-65	-70	-75	-80	-86	-93	+93

**Best fighters will take part in the Gala-program within the framework of
*International WCSA PRO/AMA Fight Show "Combat Ring -XIV"***

Categories are considered full in the presence of 4 participants, otherwise
The credentials committee has the right to combine neighbour categories
(The difference in weight can NOT be more than 20 %)

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11) CONTACT – VISA DOCUMENTS: For more Information or Visa Documents please contact:
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Registration form – "Black Sea Cup-2015"														
Competitors														
	Name	Country/Club	№ WCSA passport	M / F	Age	Weight	DD	SP	SC	MW	OC	FC	MC	Level/Degree
1														
2														
3														
Coaches / Representatives														
	Name	Country/Club	coach/representative/...											
1														
2														
Referees / Judges														
	Name	Country/Club												
1														
2														

M/F= male or female: DD- Demo-Defense/ SP – Safe-Point / MW – Mix-Wrestling / SC – Safe-Combat / OC – Oriental-Combat / FC – Free-Combat/ MC – Mix- Combat